

Health Syllabus

Grades 7-8th

Mr. Wonch

Health

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Health & PE Website: www.healthyviking.weebly.com

The fastest way to contact me is through email. There is also important information and documents located through my class website.

Class Description:

Health is a course designed to provide students the opportunity to examine and increase their basic knowledge of healthful living. Thought and discussion are encouraged.

Class Goal:

The main goal is for students to take responsibility for their health and well being while attempting to make positive lifestyle changes.

Evaluation /Expectations:

Materials: Please bring the following materials to class every day: pen or pencil, paper, notebook, and a folder to organize handouts.

Grading: Daily written assignments, quizzes, projects, and tests vary in the number of points but usually range from 5-100 points each. There are no extra credit assignments. If you are an engaged learner, do your assignments, and study for tests, you should do well in this class. Grades can be discussed during lunch and before or after school. **Grades will not be discussed during class time unless at the teacher's discretion.**

Absenteeism: If you have an excused absence you will be given the specified time to complete your missed work.

Assignments: All assignments are to be turned in on the day that they are due at the beginning of the hour. Many assignments will be completed through Edmodo.



Many class assignments, quizzes, tests, and projects are completed through our class edmodo site. This will require students to have a username and password. I suggest students use the same username and password they use to log onto the computers at school.

Projects: Projects will be discussed at the time of assignment.

Tests & Quizzes: Often, there will be a test or major project at the end of each chapter or topic unit. Tests will cover material found in the textbook, class work, homework, and other activities.

Grading Scale

A 93-100%
A- 90-92%
B+ 87-89%
B 83-86%
B- 80-82%
C+ 77-79%
C 73-76%
C- 70-72%
D+ 67-69%
D 63-66 %
D- 60-62%
E: 59% and below

Minor Infractions

1. Warning (verbal or nonverbal)
2. Conference with student
3. Contact home

Major Infractions: Send to office

The responsible thinking room (RTR**) and student support center (**SSC**) will be used when appropriate.

Class Procedures:

1. There will be a seating chart for each class. You will be expected to sit in your assigned seat. Your seat may change depending on your behavior.
2. Students are not allowed to leave class during the hour except in emergencies. Please don't ask to make phone calls, use the restroom, or get a drink during class unless it is a real emergency.
3. Follow procedures and sit in your assigned seat by the start of class.
4. Do not stand or gather by the door before the bell rings.
5. Assignments are due at the beginning of the hour unless otherwise stated.
6. Cheating is unacceptable in my class. Those caught cheating or enabling others to cheat, will receive a zero on the assignment, quiz, or test.
7. Students are not to sit on the tops of desk, backs of chairs, or the countertop area.
8. Cell phones, I-Pods, and other electronic devices are not to be used in my class.
9. All people deserve to be treated with respect. Putdowns, teasing, cruel remarks, sexism, racism, or any other behavior that may offend someone will not be tolerated.

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This page is to be returned with the required information as a 10 pt homework assignment.

Students Name Printed: _____

Parents Name Printed: _____

Parent Name Signed: _____

Parents Email (Important): _____

Parents Phone # : _____

Feel free to contact me with any questions or concerns. Emails are easiest but feel free to call as well.